

### What will I get out of it?

By the end of the programme you will:

- recognise factors that place you at risk of offending.
- know the strategies for reducing and managing that risk.
- have more knowledge about the effects of alcohol.
- understand the impact on other people of your offending.

### What happens when I complete the programme?

After the programme you will meet with a programme tutor and your Case Manager to review your progress on the programme and to set some aims and objectives for the rest of your order.

There may be further areas that you need some help with, such as employment, alcohol use, managing disqualification and risk of re-offending.

*The Probation Service will always seek to understand your individuality and work towards helping you get the most out of the programme.*

*If you have a comment or complaint to make about the way you have been treated, please discuss this at first with your Case Manager. Should you wish to take this further, you can ask for details, or you can contact the Probation Service Headquarters - please ask us for the address.*

# Drink Impaired Drivers

DID Groupwork Programme

A National Probation Service  
Accredited Programme

**Information for people taking part**



**NATIONAL PROBATION SERVICE**  
for England and Wales

Enforcement, rehabilitation and public protection

## the programme

### What is DIDP?

A fourteen session groupwork course.

This programme is specifically designed for offenders with a pattern of alcohol-related driving offences.

It will provide opportunities for you to understand and manage the risks associated with anti-social and illegal driving.

### What will I be doing?

During the 14 sessions you will spend time examining your offence in detail with the group.

You will improve your knowledge of alcohol and the effect it has on driving.

You will consider the impact your offending has had, both on you and on others.

## the rules

### When and how long are the sessions?

This is a 14-week programme with an additional week in the middle, when you will see your Case Manager (usually after week 7).

Group sessions, two hours in length, are held at a probation office selected by your Case Manager, normally in the evening.

At the end of the fourteen weeks, you will return to your Case Manager for post-programme work to help you build on what you have learned.

### What is expected of me?

That you participate fully in the group and demonstrate a commitment to avoiding further offending. That means listening to, thinking about and responding positively to other group members' contributions.

There will be discussion, exercises, and some video too, designed to help you learn and make you think about your offending.

### What if I miss a session?

Always phone in person to notify us of any absence. All sessions count towards your order, just as if you were seeing your Case Manager.

If you miss a session you will need to provide evidence to justify your absence, for example a medical certificate.

If you miss more than two sessions you will have to start the programme again.

More than one unacceptable absence, or any other behaviour which counts as a failure, will lead to a breach of your Community Rehabilitation Order and a return to court.