

Important Information

- You must attend all sessions on time and behave appropriately.
- You will be expected to join in each session
- We are keen that you get the most out of the programme
- We will give you help and support if you have difficulty reading or writing. Please tell the tutors of any difficulties.
- You will be required to sign a contract, which will make clear what you must do. You will be given a copy.
- You must attend every session. If for any reason you cannot attend, it is important you tell us as soon as you can.
- You must provide your Case Manager with clear evidence, within seven days, for the reason you don't attend.
- For any session you miss, you will have to attend a "catch-up" session to make sure you keep up with the programme.

If English is not your first language, and you would like an interpreter present in court or at meetings with the Probation Service, please ask how this can be arranged.

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو پہلی تحریری مہلکت سمجھنے میں کسی ترجمان کی مدد کی ضرورت ہے یا پروڈیشن سروس سے ملاکوں کے لئے حاضر ہونا ہے تو مہربانی فرما کر پروڈیشن سٹاف کے کسی ممبر کو بتا دیجیے۔

ਜੇ ਤੁਹਾਡੀ ਮਾਤਭਾਸ਼ਾ ਅੰਗਰੇਜ਼ੀ ਨਹੀਂ ਅਤੇ ਤੁਸੀਂ, ਸਾਡੀ ਲਿਖਤੀ ਸੂਚਨਾ ਨੂੰ ਸਮਝਣ ਲਈ ਜਾਂ ਪ੍ਰੋਬੇਸ਼ਨ ਸਰਵਿਸ ਦੀਆਂ ਮੀਟਿੰਗਾਂ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋਣ ਲਈ ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜ਼ਰੂਰਤ ਹੈ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ ਪ੍ਰੋਬੇਸ਼ਨ ਸਟਾਫ ਨੂੰ ਦੱਸੋ।

যদি অંગ্ৰেজী তুমারী প্ৰথম ভাষা না হয়ে অর্নে তুমারী অমারী ডেভিড মাডিলাই সমস্যা মাতে দুভাষিয়ারী মডেলনী জরুরে উথ অথবা প্রোভেশন সার্ভিস সাধেনী মীটিংগে যাততে তেআে প্রজ্ঞে রূপে অথবা জরুরে উথ তে ডুখা সঠিানে প্রোভেশন স্টাফনা সন্ধ্যনে জ্ঞাপাথথো।

ইংরেজী যদি আপনার মাতৃভাষা না হয় এবং আমরা আপনাকে যেসব লিখিত তথ্য দেই সেগুলো বুঝতে একজন দোভাষী (ইন্টারপ্ৰিটার এর) প্রয়োজন হলে কিংবা প্রোবেশন সার্ভিসের মিটিংসমূহে আপনার সাথে একজন দোভাষীর উপস্থিত থাকার প্রয়োজন হলে অনুগ্রহ করে তা প্রোবেশন এর যে কোন একজন কর্মীকে জানাবেন।

यदि अंग्रेज़ी आप की पहली भाषा नहीं है और आप को हमारी लिखित जानकारीयों को समझने में किसी दुभाषिये की सहायता की आवश्यकता हो या प्रोबेशन सर्विस के साथ मीटिंग में शामिल होने की आवश्यकता हो तो कृपया प्रोबेशन स्टाफ के किसी सदस्य को बताइये।

如果英語不是你的第一語言而你需要一名口譯人員幫助你理解我們的書面材料或是與你一起參加監督服務部面談，請告訴監督服務部職員。

إذا لم تكن اللغة الانجليزية لغتك الأولى، وترغب ان يُعَيّن لك مترجم لمساعدتك بفهم معلوماتنا المكتوبة أو ترغب لحضور اجتماع مع هيئة خدمات المراقبة، الرجاء اعلام احد موظفي المراقبة.

Se la vostra lingua madre non è l'inglese spiegate ad un funzionario del Servizio di Probation che volete che un interprete vi aiuti a capire le nostre informazioni scritte o sia presente ai vostri incontri con il personale del suddetto Servizio.

Si el inglés no es su primera lengua y desea un intérprete que le ayude a entender nuestra información escrita o que esté presente durante las entrevistas con el servicio de libertad condicional, por favor dígaselo a un miembro del personal de este servicio.

General Offending Behaviour Programmes

Think First

One-to-One

Cognitive Skills Booster

Information for those taking part

General Offending Behaviour Programmes

We believe this is an important opportunity for you.

People who complete these programmes have a real chance of making sure they do not commit more offences.

The programmes teach new skills that will be helpful in all sorts of situations.

The work you complete is important to us and we want to make sure it will be important for you.

It will teach you skills which will help you avoid committing further offences

Your new skills will help you with all sorts of problems and help you to get the best out of yourself.

Starting a programme: what will happen

- You will prepare for the programme with your Case Manager.
- You will need to make sure you can attend every session on time.
- You will meet the programme tutor, who will explain about the programme in more detail.
- You will need to complete a pre-programme questionnaire. (You will also complete one at the end of the programme).
- Mobile phones need to be switched off while you are attending the programme.
- You will receive a certificate when you complete the programme.
- All programme sessions will be video-taped. The tapes are used to assist with staff development and to make sure the programme is delivered correctly and to a high standard.
- All programme staff have been well-trained and have passed core training to deliver the programme.

About the programmes

Think First

- It takes place twice a week, lasting 22 sessions.
- A maximum of 12 people will attend the programme.
- The Think First programme takes just under 3 months to complete.

One-to-One

- This is for people who for specific individual or practical reasons cannot attend the group-work programme. Soon after your court sentence, the Programme Tutor, with your Case Manager, will make a decision about which one you must attend.
- It is delivered on a one-to-one basis by the same tutor (as what?)
- It consists of 20 sessions that vary in length between 1 and 2 hours.
- The first 5 sessions may be twice a week. After that it is once a week, or as decided by the Programme Tutor.
- It usually takes about 5 months to complete.

Cognitive Skills Booster

- Most people who complete Think First or One-to-One will be required to attend this programme about 3 months later, to help practice the new skills and make sure they do not forget them.
- It consists of up to 12 sessions that will last between 2 and 3 hours. The sessions are delivered twice a week and the programme
- It takes just over a month to complete.